



Currently, our programs are continuing to operate with additional safety precautions in place. Our agency will continue to monitor the situation and take appropriate steps as recommended.

Are you experiencing signs or symptoms of coronavirus (COVID-19):

- **Fever?**
- **Shortness of breath?**
- **Cough?**
- **Have you been exposed to someone with a confirmed diagnosis of COVID-19?**

If “YES”, please contact our office by phone to cancel your appointment. We will see you when you are feeling better!

We encourage you to call your primary doctor’s office or local medical clinic, explain your symptoms, and follow their guidance.

If you need support during this time, contact our office or the “Your Life Iowa” 24/7 support services by phone, text, or chat.

- **CFR** Phone #: 866-801-0085
- **Your Life Iowa** Phone #: 855-581-8111
- **Your Life Iowa** Text Support: 855-895-8398
- **Your Life Iowa** Online Chat: YourLifelowa.org

Thank you for your understanding while we work together to protect the health of those we serve!